



Spinocerebellar Ataxia (SCA)

Spinocerebellar Ataxia (SCA) is a progressive, degenerative condition that results in difficulties with coordination and function of the legs, hands and speech. There are multiple types of SCA and genetic testing can often determine which type a person may have. Muscular Dystrophy SA facilitates a monthly support group for clients diagnosed with SCA and their carers. MDSA can also provide clients diagnosed with SCA information and support on the condition. **If you would like some more information on our SCA support group, or SCA in general, please contact Client Services on 8234 5266 or email hoda@mdasa.org.au**

We Value your Feedback

Thank you to those of you who have recently provided feedback for our Therapies. As a client of Muscular Dystrophy SA, you have the right to provide feedback, suggestions and thoughts to the organisation. Your feedback is important to us, it helps us to ensure that we are delivering services and supports that meet your needs. It also helps us to make necessary improvements and changes. Client Services has an information sheet advising how you can give feedback. **If you are interested in providing us with your feedback, please visit our website via mdasa.org.au/get-support/feedback/ to download the forms or contact Client Services on 8234 5266 or email apyle@mdasa.org.au. Alternatively, you are welcome to give us feedback over the phone.**

Come and Say Hi on IDPWD

International Day of People with Disability (IDPWD) celebrations will be held at Victoria Square from 11:30am until 1:30pm on Friday, December 2nd 2016. IDPWD is day where all people around the globe can get together to focus on creating a more inclusive and equitable world for people living with a disability. Muscular Dystrophy SA's Client Services staff Kelly and Jaimie, along with a few volunteers will have a stall at Victoria Square on the day so come along and say hi!



Disability, Ageing and Lifestyle Expo

The Catalyst Foundation is pleased to present this year's Disability Ageing and Lifestyle Expo. This year, the Expo will be held at the Wayville Showgrounds, Goyder Pavilion on Friday, September 23rd 2016, from 10am – 5pm. Enter for just a fee of a gold coin donation. The Expo will explore practical ideas, research and initiatives under the 'My Life, My Choice' theme. The theme is about empowering consumers to ensure that they remain at the centre of decisions related to their needs. It also aims to encourage people to embrace the option of choice and flexibility in terms of maintaining wellbeing and accessing services and supports.



Call Out for Parents!

Deakin University is looking for parents of a child living with a rare disease to participate in their survey. With little existing research in this field and no known research on this topic in Australia, this is an important opportunity to be a part of developing an understanding of the unique experience of parenting a child with a rare disease. Participation simply involves the completion of a short online survey with participants eligible to enter a draw to win one of four \$100 Coles supermarket gift vouchers.

To participate or learn more, visit www.rarediseaseparents.org.au

KYD-X Kids and Youth Disability Expo

The KYD-X Kids and Youth Disability Expo is being held at the Priceline Stadium, 155 Railway Terrace, Mile End South on October 15th 2016 from 10:00am to 5:00pm.

The expo will offer parents, carers and individuals an opportunity to chat face to face with service providers to become more informed on the choices available to them. Gold coin donation is required on entry with the proceeds going to Team Kids. **For more information go to KYD-X's Facebook page**

<http://www.facebook.com/KYD-X-191403291250944>
or follow them on Twitter at @kydx_sa





Patient Assistance Transport Scheme (PATS)

The Patient Assistance Transport Scheme (PATS) is a subsidy program that provides money to pay for some travel, a companion and accommodation costs when South Australian's living in rural and remote communities travel over 100 kilometres each way to see a specialist. To be eligible for this scheme you must live more than 100 kilometres away from the nearest treating specialist and your treatment must be claimable under Medicare.

For more information on PATS please visit <http://www.sahealth.sa.gov.au/pats> or contact Aisling on 8234 5266 or via aotoole@mdasa.org.au

The Steve Waugh Foundation

The Steve Waugh Foundation provides grants in order to help support children and young adults aged 0-25 years who have a rare disease with a prevalence of **2:100,000**. The Foundation aims to fund medicine, specialised equipment and treatment therapies to eligible applicants. **If you are in need of funding assistance and would like some more information, please go to www.stevewaughfoundation.com.au or contact Aisling on 8234 5266 or email aotoole@mdasa.org.au**

NDIS Information Sessions – What you need to know

The NDIA are hosting a group of information sessions regarding the NDIS (National Disability Insurance Scheme) and how is rolling out. Topics covered include: What is the NDIS and how does it work? Who is eligible and when can the scheme be accessed? What kind of support can be accessed through the NDIS? Where can I get more information?

There are three upcoming sessions that will be held in Adelaide. The first will be held in Noarlunga on the 29th of September 1.30pm-3:30pm at the Noarlunga Library, Hannah Road, Noarlunga. The second in Elizabeth on Wednesday 5th of October from 10.00am-11:30am at the NDIA Elizabeth office located at 47-49 Elizabeth Way, Elizabeth. The third will take place in Port Adelaide on Monday 17th of October 5.00pm-6.30pm at the LeFevre Community Stadium located at 541 Victoria, Osbourne. **For more information on these sessions and more please go to**

www.ndis.gov.au/news/events/sa.html

Have your say! SA NDIS Youth Advisory Group

The NDIS Youth Advisory Group has the opportunity to ask questions, provide feedback and undertake projects to improve access to the NDIS for young people. The Youth Advisory Group includes children and young people aged 12-24 years who are NDIS participants, siblings of participants, and people with disability. The group meets every 4-6 weeks to talk about how the NDIA can improve access, information and engagement with children and young people. The next meeting will be on Monday 26th September and the group is welcoming new comers to join. **For more information email saengagement@ndis.gov.au to see how you can get involved.**

Medicare Rebates

The Chronic Disease Management Plan (CDM Plan) allows people living with a chronic condition to access five Medicare rebated appointments from an allied health provider i.e. physiotherapy, speech therapy, occupational therapy etc. A 'chronic condition' is classified as something that is likely to be present for longer than six months. Clients who wish to use their plan to access physiotherapy can use one of MDSA's Neuro-physiotherapists and we will cover the gap. **To find out more contact Aisling on 8234 5266 or email aotoole@mdasa.org.au. Alternatively, talk to your GP.**

Do you know a talented child who is sick, disadvantaged or has special needs?

The Variety SA Show of Hearts Scholarship applications are now open. This program opens annually for children who are sick, disadvantaged or have special needs and show a talent in either sports or the arts. Scholarship funding is provided to assist children in fulfilling their talents and achieving their life goals. The committee considers the bulk of applications in the month leading up to November, with applicants notified in January each year. If you would like to find more, please go to **www.variety.org.au/SA/How-we-help-/Scholarships/**

Equipment Loan Scheme

Muscular Dystrophy SA has a small collection of equipment available such as shower chairs, wheelchairs and walkers, for short term loan. Clients can borrow this equipment at no cost. **If you are interested in accessing the Equipment Loan Scheme, phone 8234 5266 or email kmclean@mdasa.org.au**

