

summer / autumn issue 2011

roundabout



MUSCULAR DYSTROPHY
SOUTH AUSTRALIA

www.mdasa.org.au

Cover Story: Camp Capacity



Camp Capacity is an annual event run by Muscular Dystrophy South Australia (MDSA) and is held for young people with neuromuscular disorders and their siblings who are aged between 5—25. The camp began life in 2001 and has had 10 successful years.

In 2011, it was our 11th camp and was once again held at the Baptist Centre Campsite in Mylor. Camp is a fantastic opportunity for all

involved to have fun, make new friends, experience new things and to have some time away from home. Camp is also a good opportunity for parents and carers to have a break as the camp is run with the support of volunteer carers.

Every year a lot of planning goes into Camp Capacity to provide a range of new and exciting activities. We have some old favorites that make an appearance each year including swimming, flying fox, laser skirmish and a visit from the Harley Owners Group (HOGS). It is a fantastic event that is thoroughly enjoyed by everyone involved.

Table of Contents

| | | | |
|---|----|-----------------------|----|
| Cover Story | 2 | Client Services | 12 |
| Message from the CEO | 3 | Introducing New Staff | 13 |
| From the President | 3 | Volunteers | 13 |
| Upcoming MDSA Events | 4 | Corporate Partners | 14 |
| Events Held Between September - February | 6 | Bow Tie Bears | 15 |
| Twilight Walk | 8 | Lotteries | 15 |
| Camp Capacity | 10 | Appeal Letter | 16 |

Muscular Dystrophy South Australia
36-38 Henley Beach Rd, Mile End SA 5031
PO Box 24, Torrensville Plaza SA 5031
ph: (08) 8234-5266
fax: (08) 8234-5866
info@mdasa.org.au

TALKING POINTS DISCLAIMER

The opinions and views expressed in Roundabout are not necessarily those of Muscular Dystrophy South Australia. Care has been taken in the preparation of content, but MDSA accepts no responsibility for detriment whatsoever arising from the reliance of content contained herein.



A Message from the CEO

Welcome to our latest edition of Roundabout



Welcome to the summer/autumn edition of Roundabout. It is my pleasure to have the opportunity to provide you with an overview of the outcomes the organisation has been achieving, and to update our fundraising activities and client services.

Since the last issue of Roundabout Paul Creedon has decided to move on. Paul is currently planning to spend a few months relaxing in South East Asia. We wish Paul well for the future and thank him for his work with the Association.

The Association's Mission is to "enable individuals, families and their carers affected by Neuromuscular disorders to have as full and active a life as possible". We are currently realising this vision by working on key objectives to raise our profile and continuously improve service to clients. The Board support for the strategic directions is continuing to show great benefits for clients. The extra resources allocated to Client Services has resulted in an increased range of program offerings, including strength and balance programs and exploring service needs in regional and remote areas.

We continue to work closely with other organisations to influence Government commitments to the disability sector. This is occurring through submissions to the Productivity Commission Enquiry into Disability Services, as well as submissions to the social inclusion unit blueprint for South Australian Disability Services.

The hard working marketing team have continued to provide a great range of fundraising events as well as exciting lotteries which have underpinned the successful client outcomes. We are conducting an exciting range of fundraising events, such as our annual Badge Day, Golf Day Challenge, Big Red Quiz, Adelaide Marathon and World of Trivia in the next few months and hope to see many of our corporate sponsors and supporters at one or all of these events.

I look forward to meeting Clients and Members of Muscular Dystrophy South Australia (MDSA) at either the office or at one of our many events.

Phil Martin

Chief Executive Officer



From the President

It's certainly been an interesting time at MDSA these past few months. In addition to all the normal activities around client services and fundraising, we have had many staff changes. Luckily for us we have kept people already employed with MDSA by offering them different roles as well as introduce some new faces. No doubt you will see and hear from all staff over the next little while if you haven't already.

Paul Creedon finished as CEO with MDSA in December to travel around parts of Asia. A sub-committee of the Board was established to complete the recruitment process for a new CEO. We considered this a critical process for MDSA and were very keen to get the right person to take us on the journey ahead. The recruitment process was extensive with close to 50 applicants for the job and was only recently completed.

The Board is thrilled to announce Phil Martin as the new CEO for MDSA. Phil commenced working with MDSA as a volunteer assisting the Board on some project work. Since January, Phil was acting CEO while recruitment was underway. Phil comes with an amazing depth of knowledge around disability and service provision, having worked in the sector for many years. His leadership has already helped us challenge the status quo and ensure staff are supported in their decision making. Thank you Phil for your efforts to date and we look forward to working with you.

Sadly, the end of summer is upon us but no need to stay indoors. We have many exciting events coming up – I look forward to seeing you and having a chat. My 'door' is always open, I'd love to hear from you around any comments or concerns you might have.

Please feel free to contact me.

Sandra Di Blasio

MDSA President



Upcoming MDSA Events



"Put your muscles behind muscular dystrophy..."

JOIN US AND MAKE THE 2011 MDSA GOLF DAY CHALLENGE A GREAT SUCCESS!

The 2011 Golf Day Challenge is being held at the Glenelg Golf Club. The setting provides the perfect setting for a relaxed game of golf followed by a networking luncheon in the clubrooms.

The format for the Golf Day includes 18 holes of golf being played in the morning, followed by a presentation lunch in the clubrooms. Breakfast, on course refreshments and a range of on course activities will be included.

Please feel free to telephone Vanessa Lionello on 8234 5266 or email vlionello@mdasa.org.au should you require any further information.

JACOB'S CREEK™



Muscular Dystrophy South Australia is the official charity for the 2011 Barossa Run to be held on May 29th by SARRC. Participants in this marathon have the opportunity to *win a trip of a lifetime to New York* that includes entry into the New York marathon with airfares and accommodation included to the value of \$5,000. To have the chance to win this ultimate prize, participants need to get sponsored. If you are already participating or would like to participate in this event and raise funds for MDSA please email James Koodrin jkoodrin@mdasa.org.au or call our fundraising team on 8234 5266! Alternatively if you have been registered to raise funds for MDSA already log on to our website to start your own fundraising page.



The Multicultural Feast will showcase different cultural cuisines. To add to the cultural experience we will compliment each course with entertainment. The following 3 restaurants have agreed to be involved in the Multicultural Feast are;



www.latombla.com.au
61 Unley Road, Parkside



nu thai
117 Gouger Street, Adelaide



Vietnam Kitchen
449 Pulteney Street, Adelaide

Date: July 9 2011
Time: TBC
Where: Unley Civic Centre

Tickets: \$50

For further information please go to our website www.mdasa.org.au



Fundraiser Event, held at Wyatt Hall, Pulteney Grammar School, **Saturday June 4th**. This is the event of the year not to be missed! Tickets are \$25 each, so bring your friends and family to what's sure to be one of the most spectacular and heart accelerating events of the year! For further information please contact James Koodrin on 0418 890 634 or at jkoodrin@mdasa.org.au



Upcoming MDSA Events



Henley Beach Road, Mile End will come to life on Saturday, 18 June with Muscular Dystrophy South Australia Market Day. Market Day will be on the Cnr of Henley Beach Road and Parker Street, Mile End. There is a large range of items available on the day including fresh produce, new and used clothing, fabrics, bric-a-brac and homewares. Someone's trash is someone else treasure! Please come and show your support.



Muscular Dystrophy South Australia is running a Big Red Quiz Night to raise money to support children and adults who live everyday with neuromuscular disorder. It will be a fun night of questions, games and silent auction prizes. The theme is Dress in Red. Tickets are \$15 so book in early to secure your table. To book a table please contact Vanessa Lionello on 8234 5266.

When:

June 25 2011

Time: 6.30pm for a 7pm start

Where:

Pultney Grammar School



The Swing Corner Dance Group in partnership MDSA will be holding a Hollywood theme in dance with proceeds coming to our organization. \$20 a ticket and bring basket supper, drinks available at the bar. For more information please contact Vanessa Lionello 8234 5266 or vlionello@mdasa.org.au



San Remo are proud to sponsor this event which enables the Marathon runners to eat abundance of pasta and consume fine wine to build their carbs up for the Adelaide Marathon. Adelaide Marathon runners are invited to join us for the pre marathon pasta night held at the Unley Town Hall. This is a chance to socialise with your fellow runners. Bar facilities are available.

Numbers are limited so please book early.

Tickets are \$20 which includes choice of 3 delicious sauces and all the pasta you can eat with guest speakers on the night.



Win a chance of a life time! All you need to do is raise \$100 and you are entered into our exclusive Adelaide Marathon Team random draw where one lucky person will win a trip to London with a guaranteed entry into 2012 London Marathon!!! Raising \$100 is easy. Ask one person per day to sponsor you – don't be afraid to ask and ask everyone!

To be involved in this once in a lifetime opportunity please phone the fundraising team on 8234 5266.

Use your muscles in the Adelaide Marathon to help those with less power!



Events Held Between September - February

September

MDSA at the Adelaide Royal Show

MDSA site was donated by the Royal Agricultural Society. This has lifted the profile and awareness of MDSA. This also allowed us to sell merchandise and lucky dips for children.



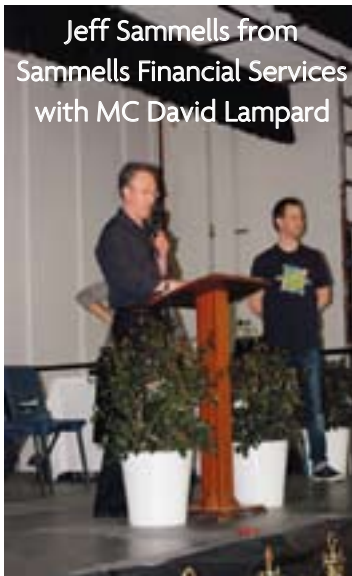
MDSA Merchandise



MDSA staff member Janice Phillips at the Royal Show selling MDSA Merchandise.

October

Jeff Sammells from Sammells Financial Services with MC David Lampard



World of Trivia

World of Trivia is an annual event which has been going for over 20 years. The MC for the day was David Lampard, who is the Director of his own science communication business, "That Science Guy". We had over 15 schools participating. Unity College took out 1st prize as the highest fundraising school and Sam Mangos from Immanuel College was the winner for "highest fundraising student". Other winning schools that won on the day were year 4 St Raphael's School, Year 5 Port Noarlunga Primary School, Year 6 Westminster Preparatory, Year 7 Westminster Preparatory and Senior year Immanuel College Year 10. A very special thank you to Westminster Preparatory for a very generous donation of \$7,100 from their annual walkathon.

World of Trivia
State Final, Sunday October 24th 2010



World of Trivia
State Final, Sunday October 24th 2010



Events - Continued

November

Women In

A contingency of 35 women were shown by Masterchef herself Rosa Matto on how to make delicious fresh Sushi. This is the second Women In with Rosa and hopefully many more to come.



'Women In' with Rosa Matto
Rosa demonstrating on how to cook Sushi.



Rosa Matto giving 'Women In' helpful hints on cooking techniques.



'Market Day attendees checking out bargains'

Market Day

Unfortunately the weather for Market Day was a wash out however, staff and volunteers who attended were in great spirit and made the day worthwhile.

December



Santa handing out presents

MDSA CLIENT CHRISTMAS PARTY

The 2010 MDSA Client Christmas Party was a big success with around 130 clients and their families attending this year. The event was held at the Goodwood Community Centre and the band 'Scott Free' provided a wonderful range of live music throughout the day. Client Services would like to thank all staff and volunteers who helped out on the day and a big thank you to the Bow Tie Bears for providing funding for the event.



Sandra Di Blasio & Kelly Vincent

AGM

Kelly Vincent MLC from Dignity for Disability attended MDSA AGM as a guest speaker.

February



Twilight Walk

On Sunday February 27th 2011, MDSA held its annual event “Twilight Walk” along the foreshore of West Beach.

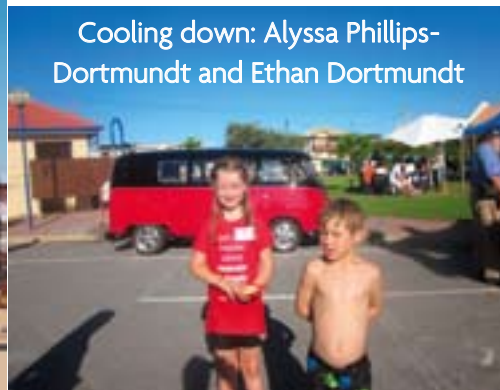
On a pleasant summer day a turn out of over a 130 people enjoyed a casual walk along the beach back to Ozone Reserve where they were entertained by live jazz music with Mediterranean cuisine and wine to compliment this relaxing evening.

The day was a huge success in raising funds and awareness for the organisation. The money raised through Twilight Walk is directed to vital projects such as MDSA’s study for neuromuscular disorders research, supports services such as physiotherapy, hydrotherapy, speech therapy and transport.

MDSA would like to thank all staff and volunteers who have assisted the organisation in the successful running of this annual event and for achieving this wonderful result!



Jonathan Grigg taking advantage of the pleasant weather



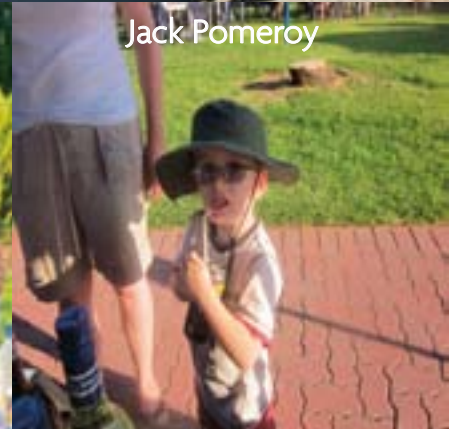
Cooling down: Alyssa Phillips-Dortmundt and Ethan Dortmundt



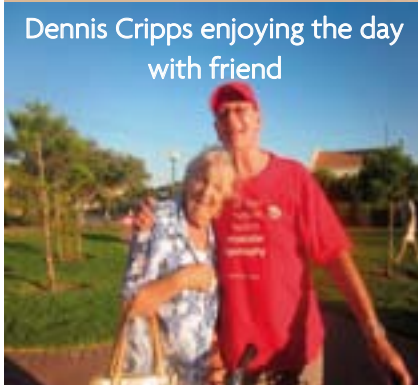
Phill Kiosses enjoying the walk with family and friends



Family affair: Jamie, Georgie and Brett Riggs relaxing after the Twilight Walk



Jack Pomeroy



Dennis Cripps enjoying the day with friend



Attendees enjoying the sunshine



Band Members—Milush, Angus Mason and Shai Martin



Martin Pomeroy famous Combi Van

